**Sorbet**

No ice cream maker is required to make this simple, bright Paleo sorbet. Frozen fruit acts as the base, and then top with coconut flakes, additional fruit, or any topping of your choosing. Frozen mango or pineapple both work well in this recipe with the orange juice. Add some ice to the sorbet to reach your desired consistency, if necessary.

**ingredients**

2 cups frozen mango pieces

1/2 cup orange juice

1 tsp lemon juice

1 tsp lemon zest

Pinch of cinnamon

1. In a large cup (if using an immersion blender) or a blender, combine ingredients and blend until smooth. Add ice if necessary to reach desired consistency. Serve immediately.